

Title: USE OF RESTRAINTS AND/OR SECLUSION	Policy #: 0053 Dept: QI
	Reviewed/Approved By: Quality & Compliance Committee
Adopted: 2/2015	Last Revision/Review:
Revision Dates:	Review Frequency: Every two years
Sources: 42 CFR 482.13; 42 CFR 438.100 (b)(2)(v) and 2014 CCO Contract, Exhibit B SOW, Part 3, Patient Rights & Responsibilities, Engagement and Choice and Part 4, Provider and Delivery System	

PURPOSE:

PrimaryHealth will have a process to review the use of restraints and/or seclusion by contracted providers and facilities to include behavioral health and dental services. This means being free from any form of restraint or seclusion used as a means of coercion, discipline, convenience or retaliation, as specified in Federal regulations on the use of restraints and seclusion.

DEFINITIONS:

Restraint: Any manual method, physical or mechanical device, material, or equipment that immobilizes or reduces the ability of a patient to move his or her arms, legs, body, or head freely or; a drug or medication when it is used as a restriction to manage the patient’s behavior or restrict the patient’s freedom of movement and is not a standard treatment or dosage for the patient’s condition.

A restraint does not include devices, such as orthopedically prescribed devices, surgical dressings or bandages, protective helmets, or other methods that involve the physical holding of a patient for the purpose of conducting routine physical examinations or tests, or to protect the patient from falling out of bed, or to permit the patient to participate in activities without the risk of physical harm (this does not include a physical escort).

Seclusion: The involuntary confinement of a patient alone in a room or area from which the patient is physically prevented from leaving. Seclusion may only be used for the management of violent or self-destructive behavior.



PROCEDURE:

1. PrimaryHealth will assess which contracted providers use restraint and seclusion as part of their practice. This will be documented in the Compliance file.
2. On a scheduled basis, PrimaryHealth will review all contracted provider's policies and procedures on Restraints and Seclusion. *(Determine timeframe) (Policy can state "We do not use restraints or seclusion at any time")*
3. On a scheduled basis, PrimaryHealth will physically visit the contracted providers to review records, if available, for documentation of restraints and/or seclusion.
4. On a scheduled basis, PrimaryHealth will ask for attestations attesting to the contracted provider assuring that their delegated entities do not use restraints or seclusion and/or that they are monitoring this process.

RESPONSIBILITY:

The operational process of monitoring compliance to this policy will fall upon the PrimaryHealth/ Oregon Health Management Services Quality Improvement Department. Outcomes will be reported to the Quality and Compliance Committee and any concerns shall be reported to the Board of Directors.

